

13th ASEAN PARA GAMES 2025 - 21/1/2026 to 25/1/2026**Results - DAY 5 (25th JAN 2026)****Event 525 Men 4x100 LC Meter Medley Relay 34 PTS (S1-S10)**

MR: 4:44.92 * 3/8/2022 TEAM INDONESIA

INA

R SAPUTRA, GUNTUR, J PANGABEAN, Z ZULKARNIAN

	Team	Relay	Seed Time	Finals Time	Points
1	INDONESIA	A	NT	4:45.05	
	1) RINO SAPUTRA 32	2) ZAKI ZULKARNAIN 31	3) JENDI PANGABEAN 35	4) ABDIL MAJID RAHMAN 17	
	36.49	1:16.46 (1:16.46)	1:52.38 (35.92)	2:34.65 (1:18.19)	
	3:04.79 (30.14)	3:38.95 (1:04.30)	4:10.28 (31.33)	4:45.05 (1:06.10)	
2	THAILAND	A	NT	4:55.25	
	1) SAMPACHAN SAMATHI 20	2) PHASIT PHUKHAMKHOM 493	3) AEKKARIN NOITHAT 22	4) NANTAWAT ROPKOB 21	
	32.98	1:10.79 (1:10.79)	1:50.25 (39.46)	2:43.73 (1:32.94)	
		4:02.59 (1:18.86)	4:22.69 (20.10)	4:55.25 (52.66)	
3	MALAYSIA	A	NT	4:57.53	
	1) MUHD SAFWAN SUHAIMI 212	2) ABD HALIM MOHD 29	3) RUSDIANTO RUSMADI 33	4) MUHD NUR SYAIFUL ZULK	
	34.95	1:13.43 (1:13.43)	1:48.95 (35.52)	2:30.23 (1:16.80)	
	3:01.91 (31.68)	3:46.38 (1:16.15)	4:14.81 (28.43)	4:57.53 (1:11.15)	
4	VIET NAM	A	NT	4:58.93	
	1) HUYNH ANH KHOA VO 35	2) QUANG VUONG NGUYEN 433	3) NGOC THIET NGUYEN 35	4) THANH DAT PHAM 36	
	35.59	1:13.52 (1:13.52)	1:51.09 (37.57)	2:42.70 (1:29.18)	
	3:12.00 (29.30)	3:50.54 (1:07.84)	4:22.53 (31.99)	4:58.93 (1:08.39)	
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13th ASEAN PARA GAMES THAILAND 2025
 20-26 JANUARY 2026
 BANGKOK • NAKHON RATCHASIMA
 THAILAND

