

13th ASEAN PARA GAMES 2025 - 21/1/2026 to 25/1/2026**Results - DAY 4 (24th JAN 2026)****Event 429 Men 4x100 LC Meter Freestyle Relay 34 PTS (S1-S10)**

MR: 4:20.20 * 1/8/2022 TEAM INDONESIA

INA

J PANGABEAN, Z ZULKARNIAN, A AZWARI, GUNTUR

	Team	Relay	Seed Time	Finals Time	Points
1	INDONESIA	A	NT	4:17.08*	
	1) ABDIL MAJID RAHMAN 17 2) ZAKI ZULKARNAIN 31 3) RINO SAPUTRA 32 4) JENDI PANGABEAN 35				
	31.05 1:05.17 (1:05.17) 1:34.92 (29.75) 2:12.14 (1:06.97)				
	2:39.94 (27.80) 3:15.07 (1:02.93) 3:44.65 (29.58) 4:17.08 (1:02.01)				
2	THAILAND	A	NT	4:24.11	
	1) SAMPACHAN SAMATHI 20 2) KAWEEWAT SITTICHAIPHOB 3) PATCHARA SINGHMANON 24) NANTAWAT ROPKOB 21				
	27.63 1:00.60 (1:00.60) 1:36.19 (35.59) 2:14.14 (1:13.54)				
	2:44.37 (30.23) 3:21.05 (1:06.91) 3:51.42 (30.37) 4:24.11 (1:03.06)				
3	VIET NAM	A	NT	4:30.26	
	1) QUANG THOAI HAN 37 2) THANH DAT PHAM 36 3) NGOC THIET NGUYEN 35 4) HUYNH ANH KHOA VO 35				
	33.04 1:20.24 (1:20.24) 1:42.94 (22.70) 2:18.59 (58.35)				
	2:51.22 (32.63) 3:25.73 (1:07.14) 3:56.08 (30.35) 4:30.26 (1:04.53)				
4	MALAYSIA	A	NT	4:37.34	
	1) ABD HALIM MOHD 29 2) MUHD SAFWAN SUHAIMI 213) MUHD NUR SYAIFUL ZULKA4) RUSDIANTO RUSMADI 33				
	31.04 1:05.21 (1:05.21) 1:38.16 (32.95) 2:13.97 (1:08.76)				
	2:50.35 (36.38) 3:36.70 (1:22.73) 4:03.09 (26.39) 4:37.34 (1:00.64)				
5	PHILIPPINES	A	NT	4:47.16	
	1) ERNIE GAWILAN 35 2) MUHAIMIN ULAG 33 3) ARNEL ABA 27 4) ROLAND SABIDO 36				
	33.68 1:09.66 (1:09.66) 1:45.27 (35.61) 2:24.43 (1:14.77)				
	2:59.71 (35.28) 3:36.81 (1:12.38) 4:10.40 (33.59) 4:47.16 (1:10.35)				

